



# Information Evening for 6<sup>th</sup> Years

**Martin Horan**  
**6<sup>th</sup> Year Moltóir**

# Achieving Success in 2022/2023

FOCUS

100%  
EFFORT

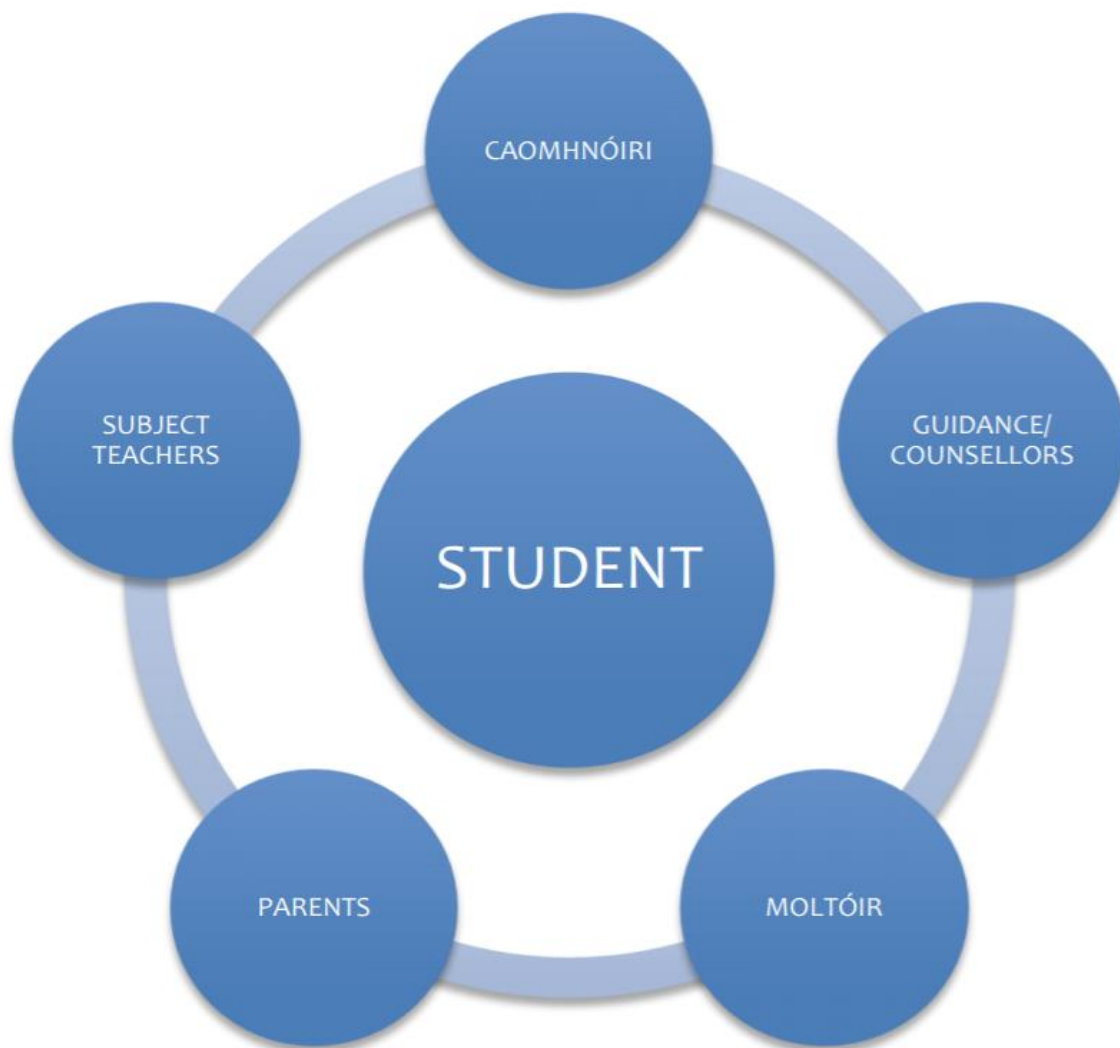
RESPONSIBILITY  
FOR OWN  
LEARNING



# What we need you to do...

- ▶ Encourage your son/daughter to be in school on time everyday
- ▶ Organise appointments outside of school.
- ▶ Inform us if you know in advance of planned absences.
- ▶ Contact the school on the morning of an absence.
- ▶ Use the Dialann.
- ▶ Review study habits/plans of your son/daughter.
- ▶ Please phone or email [mhoran.rth@lmetb.ie](mailto:mhoran.rth@lmetb.ie)

# Support and Guidance



# What I want?

Same as you!

- ▶ Your son or daughter to be happy.
- ▶ Achieve to the best of their potential.
- ▶ Be ready for the real world.



## My Study Timetable

### Weekday- During school

Before school: I arrive to school at 8:00 and then I start doing work at 8:10 - 8:40, during this time I typically make notes on Quizlet for study rather than doing proper study or sometimes I might use this time to catch up on homework if needed.

Free classes: All my free classes are spent making notes or finishing homework.

### Weekday- After School

Homework- I arrive home at 15:50 and take a 30 minute break to get changed, have some food and check my phone before I start my homework. At 16:20 I start my homework, I will often start with harder subject like maths to get them over and done with. My homework will typically take me an hour or an hour and a half to do depending on the day (During this time my phone is in my wardrobe so I won't be tempted to go on it). If I don't get all my homework done on a particular evening, I prefer to go to bed early and get it done the next morning before school rather than staying up till 22:00 or 23:00 trying to get it done, this means that I won't be tired the next day.

Study- I start studying at around 18:00. I use **pomodoro sessions** on YouTube, these are video with 25 or 50 minute study sessions which are interspersed with 5/10 minutes in between each session. In each video there is 4 study sessions. During the week, I will use the 25/5 study session as I can get a small bit of study done for each subject which will build up overtime. It also helps me be motivated to start studying as I only have to work for 25 minutes and then I am rewarded with a break, it also helps me focus as I my attention tends to wander during long study sessions. Generally, I will only get 2 or 3 session done because I have training on (this also benefits me when studying because I feel more motivated to study after a longer break). On Fridays, I complete all/almost all my weekend homework and I will be able to get a full 25/5 pomodoro session done.

### Weekends

Morning- Sometimes before I have breakfast, I will make notes on Quizlet for my subjects (only for 30mins max).

Morning/Afternoon- During the weekend I do 50/10 pomodoro session as I am focused since I don't have school. Generally, I will get 2 done in the morning and then I will have training or a match and then I finish the session in the afternoon.

Evening- I give myself a break during the evening but if I need to I will use one or two 25/5 sessions to make study notes on Quizlet or I will record myself talking for my essays or Straiaphictuirs (I don't do proper/intense study in the evening)

\*I do one or two Duolingo lessons every day, this has immensely improved my French skills

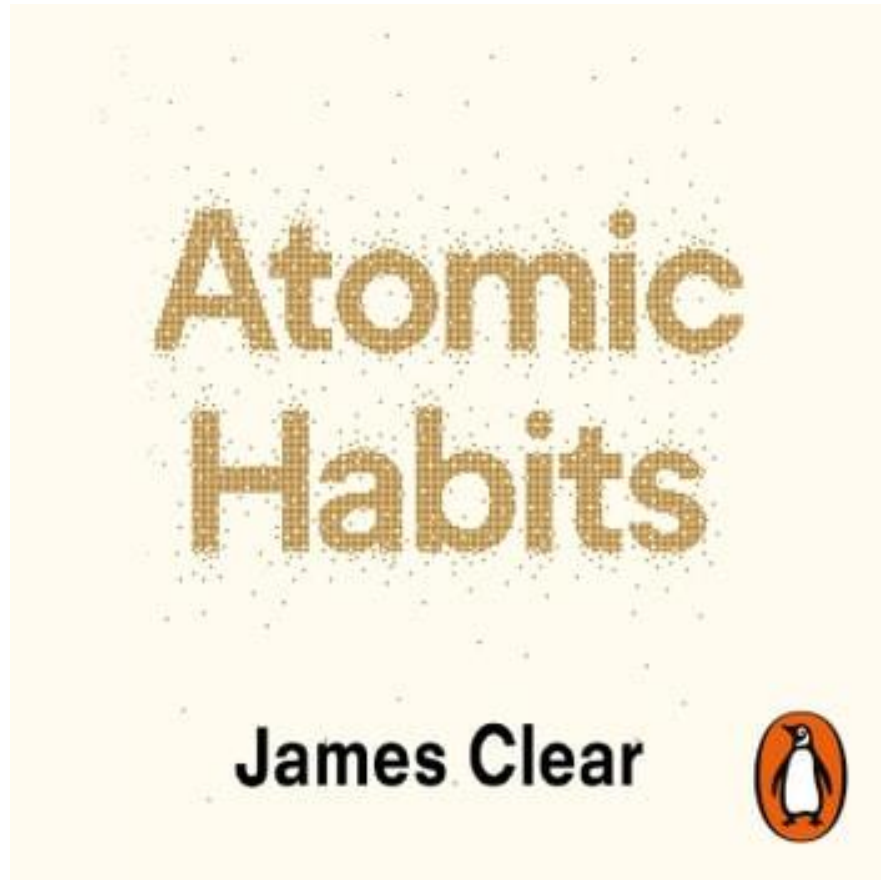
\*\*I also don't have a part time job, so I have more time during the evenings and weekends to get my study done

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# Looking Forward to June 2023

